

The City of Rocklin Parks and Recreation Department **Open House – Senior Invitation**

The City of Rocklin Parks and Recreation Department is excited about celebrating their new location for active adult activities and programs. Seniors aged 55 and above are encouraged to attend, and the entire community is welcome to participate.

The open house will feature:

- Health awareness activities with health screenings and education.
- Opportunities to discover senior services and resources in our community.
- Resources to learn about long-term care services and options.

For more information, please contact:

Chris Meyer at **(916) 625-5228**

Event Details:

Event Date: **Friday, April 7**
Event Time: **10:00 am - 12:00 pm**

Location: **The City of Rocklin Parks and Recreation Department**
5460 5th St, Rocklin, CA 95677

