

CITY OF ROCKLIN

RECREATION

Spring/Summer 2017

inside.... FUN EVENTS!
YOUTH SPORTS
CAMPS & CLASSES
ADULT PROGRAMS



ROCKLIN
CALIFORNIA

CITY OF ROCKLIN
PARKS & RECREATION DEPARTMENT
916.625.5200 | rocklin.ca.us/recreation



2017 DATES TO PLAY

APR	2	RUN ROCKLIN JOHNSON-SPRINGVIEW PARK
	8	ROCKLIN REVEAL 2017 QUARRY PARK
	22	COLOR FUN FEST 5K JOHNSON-SPRINGVIEW PARK
	28	PLATINUM LIVING AMPHITHEATER CONCERT QUARRY PARK COUNTRY AT THE QUARRY: JOE NICHOLS
MAY	4-7	KIWANIS COMMUNITY FESTIVAL JOHNSON-SPRINGVIEW PARK
	12	FREE MOVIE FRIDAY: MOANA JOHNSON-SPRINGVIEW PARK
	17	RUSD JAZZ CONCERT QUARRY PARK
JUN	4	CELEBRATE THE ARTS! QUARRY PARK
	8-10	SHAKESPEARE IN THE PARK QUARRY PARK
	11	PLATINUM LIVING AMPHITHEATER CONCERT QUARRY PARK
	16	FREE MOVIE FRIDAY: SECRET LIFE OF PETS KATHY LUND PARK
	22	GATHER QUARRY PARK
24-25	CELEBRATE AMERICA TWIN OAKS PARK	
JUL	7	FREE MOVIE FRIDAY: FINDING DORY QUARRY PARK
	21	COMEDY UNDER THE STARS QUARRY PARK
	27	GATHER QUARRY PARK
	30	STAIRWAY TO STARDOM QUARRY PARK
AUG	4	FREE MOVIE FRIDAY: LEGO BATMAN TWIN OAKS PARK
	24	GATHER QUARRY PARK
	25	PUP CRAWL LOCAL PUBS
	26	PLATINUM LIVING AMPHITHEATER CONCERT QUARRY PARK
	27	WOOFSTOCK JOHNSON-SPRINGVIEW PARK

MORE AT » rocklin.ca.us/events



Spring CLASSES



STEAM & SEL skill focused spring break camps by EDMO!



CITY BLOCKS

Build your engineering and design skills in not just one world, but two! In City Blocks, campers complete architectural challenges with physical materials and in Minecraft. Learning core concepts of structural and mechanical engineering and physics.

Community Center
Grades K - 1 & 2 - 4 | 9am - 3pm
Mon - Fri, April 10 - April 14
Optional extended day: 8am-6pm

Learn more and register at: campedmo.org

MATHNASIUM CAMP

Stop the "Summer Slide," with individual assessment, personal customized curriculum with a minimum of 10 subjects, plus math-related games, puzzles and activities! Brush up on what you know and prepare for next year.

Rocklin Event Center
Grades 2 - 5 | 9am - 12pm
Monday-Friday, July 10-14

Grades 6 - 8 | 9am - 12pm
Monday - Friday, July 17 - 21

High School, SAT Prep | 9am - 12pm
Monday - Friday, July 24 - 28

CITY OF ROCKLIN
Parks & Recreation and our partners are pleased to bring you these fun, healthy and enriching programs! Questions? Call us: 916.625.5200

Unless otherwise noted, get more details, prices and register today at: rocklin.ca.us/classes

Locations

- Clarke Dominguez Gym**
5035 Meyers Street
- Community Center**
5480 5th Street
- Johnson-Springview Park**
5480 5th Street
- Margaret Azevedo Park**
1900 Wildcat Blvd.
- Parks & Recreation Building**
5460 5th Street
- Parks & Rec Senior Activity Room**
5460 5th Street
- Rocklin Event Center**
2650 Sunset Blvd.

Dance at Parks & Recreation Building

BALLET II
Mondays | 5:30pm - 7:00pm

STRENGTH & STRETCH JAZZ
Wednesdays | 5:30pm - 6:00pm

PRE-BALLET & TAP
Saturdays | 11:00am - 11:45am
Thursdays | 4:30pm - 5:15pm

INTERMEDIATE TAP
Wednesdays | 6:30pm - 7:30pm

MOMMY/DADDY & ME BALLET
Ages 18 mo - 3 yrs
Saturdays | 10:30am - 11:00am

NEW SESSIONS EVERY MONTH!

FENCING

Learn the basics of fencing, including stance, basic movements and how to handle the modern fencing foil over four weeks. Introductory, Intermediate, and Advanced Classes. Parks & Recreation Building
Details at: heislerfencing.com/classes

Art

Placer Arts ARTspace program provides ongoing classes for children, teens, and adults, Specialty Workshops by guest artists, Field Trip opportunities, and Creative Parties for any occasion. Check out the complete list of ongoing classes at: PlacerArts.org



Sports PROGRAMS

Offered in partnership with:



KINDER KICKERS SOCCER

Classes are action packed with games and activities that introduce the sport of soccer in a fun and exciting environment that not only helps players develop new soccer skills, but also nurtures their love for the game. Focuses on CORE skills which are important to be successful in the game of soccer. Required equipment: size 4 soccer ball, shin guards. Cleats recommended.

Margaret Azevedo Park
Ages 3 - 6

Thursdays, April 27 - May 25
4:00pm - 5:00pm #15190
5:00pm - 6:00pm #15220

Saturdays, May 6 - 27
9:00am - 10:00am #15193
10:00am - 11:00am #15223

Thursdays, May 4 - 25
4:00pm - 5:00pm #15192
5:00pm - 6:00pm #15222

Thursdays, June 1 - 22
4:00pm - 5:00pm #15194
5:00pm - 6:00pm #15224

Saturdays, June 3 - July 1
9:00am - 10:00am #15195
10:00am - 11:00am #15225

JULY & AUGUST sessions also!

teamsideline.com/rocklinrecsports

A'S BASEBALL CAMP BY SKYHAWKS

MLB Oakland Athletics and Skyhawks Sports Academy have partnered to bring you a baseball camp that teaches the fundamentals of fielding, catching, throwing, hitting and base running in a fun, positive environment! All athletes learn new baseball skills, respect, teamwork and responsibility. Campers come away with new friends, new skills, Skyhawks T-Shirt, A's training shirt, A's baseball cap, plus a voucher for two tickets to any A's home game!

Johnson-Springview Park
Ages 7 - 12 | 9:00am - 12:00pm
Mon - Fri, July 10 - 14
athletics.com/camps

IN THE NET SOCCER

Players improve skills and tactical awareness. Each day is filled with fundamental skill progression drills, clear instruction, games & competitions, group drills and individual skill work. Great place to develop soccer skills and confidence.

Johnson-Springview Park
Grades K - 8 | 9:00am - 3:00pm
Mon - Fri, June 26 - 30 #15276
Mon - Fri, July 17 - 21 #15283
Mon - Fri, August 7 - 11 #15284

HIT AND RUN BASEBALL/SOFTBALL

Fundamental baseball & softball skill progression, drills, easy to understand instruction, as well as games & competitions. Offers beginner to intermediate players the opportunity to build a solid foundation. Boys & girls receive positive reinforcement throughout the day, to help build their confidence while having fun!

FEATURES: Personal Player Video, RSBQ Workouts, Confidence Builders Program, Daily Chalk Talks, and Skill of the Day.
Johnson-Springview Park
Grades K - 8 | 9:00am - 3:00pm
Mon - Fri, July 31 - Aug 4 #15289

SKYHAWKS TENNIS

Boys and girls learn proper grips, footwork, strokes, volleys, and serves as well as the rules and etiquette that make tennis an exciting game.

Johnson-Springview Park
Ages 6-9
Mon - Fri, June 19 - 23
9:00am - 12:00pm #15249

Ages 8 - 12
Mon - Fri, June 19 - 23
9:00am - 12:00pm #15250

ALL SORTS OF SPORTS CAMP

A great way to introduce your youngsters to the world of sports, teamwork, and athletics! Build motor skills, hand-eye coordination, agility, and many sports specific skills. Kids have a blast playing games with others. Baseball, basketball, dodge ball, soccer, flag football, capture the flag, relay & obstacle races, and more.

FEATURES: Personal Player Video, RSBQ Workouts, Confidence Builders Program, Daily Chalk Talks, and Skill of the Day.
Johnson-Springview Park
Grades K - 8 | 9:00am - 3:00pm Mon - Fri, June 5 - 9 #15277
Jun 26 - 30 #15275 | July 17 - 21 #15285 | Aug 7 - 11 #15286

Sports PROGRAMS

Learn more and register at:
teamsideline.com/rocklinrecsports

HIGH SPIRIT CHEER & DANCE CAMP

Tons of cheer and dance fundamentals within each session, simple, fun routines, and lessons! Girls and boys learn the individual skills to become more confident leading cheers and performing in front of crowds. FEATURES: Personal Player Video, Confidence Builders Program, Daily Chalk Talk, RSBQ Workouts, and Skill of the Day.

Johnson-Springview Park
Grades K - 8 | 9:00am - 3:00pm
Mon - Fri, June 12 - 16 | #15271
Wed - Fri, July 5 - 7 | #15280

BUMP, SET, SPIKE VOLLEYBALL CAMP

Fundamental volleyball skill progression drills, easy to understand instruction, games, and competitions. Gives beginner to intermediate players the opportunity to build a solid volleyball foundation.

FEATURES: Personal Player Video, Confidence Builders Program, Daily Chalk Talk, RSBQ Workouts, and Skill of the Day.
Clarke Dominguez Gym
Grades K - 8 | 9:00am - 3:00pm
Mon - Fri, June 19 - 23 | #15274
Mon - Fri, July 10 - 14 | #15282

AIR ATTACK FLAG FOOTBALL CAMP

Non-contact Flag Football for boys and girls. Players are grouped by age and ability, and every camper gets to learn QB, receiver, running back, and defensive skills. Individual and team challenges, games, and football fun without worrying about the contact!

FEATURES: Personal Player Video, Confidence Builders Program, Daily Chalk Talk, RSBQ Workouts, and Skill of the Day.
Johnson-Springview Park
Grades K - 8 | 9:00am - 3:00pm
Mon - Fri, June 12 - 16 | #15272
Wed - Fri, July 5 - 7 | #15281

HOOP IT UP BASKETBALL CAMP

Packed with skills, drills and daily competitions, children fall in love with the game and become better basketball players. Learn: footwork, passing, ball-handling, and defense. FEATURES: Personal Player Video, RSBQ Workouts, Confidence Builders Program, Daily Chalk Talks, & Skill of the Day.

Clarke Dominguez Gym
Grades K - 7 | 9:00am - 3:00pm
Mon - Fri, June 5-9 | #15270
Wed - Fri, July 5-7 | #15278
Mon - Fri, July 24-28 | #15279

SKYHAWKS TRACK & FIELD CAMP

Combines technical development, fundamental techniques, and safety with a major focus on fun! Using special equipment, boys and girls learn the fundamentals of body positioning, stride, proper stretching and cool-down techniques. Campers receive a Skyhawks T-Shirt and award.

Johnson-Springview Park
Ages 7 - 14 | 9:00am - 12:00pm
Wed - Fri, July 5 - 7 | #15251

INTRO RUGBY

Non-contact, co-ed rugby camp full of action and fun! Specifically designed to help players learn the fundamentals of Rugby in a safe and enthusiastic environment. Each day campers practice and play a form of flag rugby. FEATURES: Personal Player Video, Confidence Builders Program, Daily Chalk Talks, RSBQ Workouts, and Skill of the Day.

Johnson-Springview Park
Grades 3 - 6 | 9:00am - 12:00pm
Mon - Fri, July 24 - 28 | #15290

RUN, PASS, SHOOT LACROSSE CAMP

Fundamental lacrosse skills with footwork drills, catching, dodging, agility, passing, cradling, shooting, defense, and game strategies. Boys and girls receive positive reinforcement throughout the day, to help build their confidence and individual skills in a fun & positive environment.

FEATURES: Personal Player Video, Confidence Builders Program, Daily Chalk Talk, RSBQ Workouts, and Skill of the Day.
Johnson-Springview Park
Grade K - 8 | 9:00am - 3:00pm
Mon - Fri, June 19 - 23 #15273

JR. SPORTS ACADEMY

Campers have a blast learning motor skills and coordination while playing games like: baseball, soccer, flag football, capture the flag, relay & obstacle races, and a whole lot more. Individual and team-building challenges to develop and engage small athletes!

Ages 4-6 | 8:00am - 12:00pm
Johnson-Springview Park
Mon - Fri, July 17 - 21 #15287
Mon - Fri, Aug 7 - 11 #15288



Active Adult PROGRAMS

Youth & Adult CLASSES

ADULT SOFTBALL



The City of Rocklin has partnered with USA Softball to offer Mens and Coed Leagues! Details at:

teamsideline.com/rocklinrecsports

Join these fun groups of players!

DUPLICATE BRIDGE

Parks & Rec Senior Activity Room
Mondays | 9:00am - 1:30pm
Thursdays | 12:00 - 3:30pm

MEN'S BRIDGE

Parks & Rec Senior Activity Room
First Thursday of each month,
Thursdays | 6:30 - 9:00pm

SATURDAY BRIDGE

Parks & Rec Senior Activity Room
Saturdays | 10:00am - 2:00pm

COUPLES BRIDGE

Parks & Rec Senior Activity Room
Third Thursday of each month,
Thursdays | 6:00 - 10:00pm

PINOCHLE

Rocklin Event Center
Mon/Weds | 8:00am - 2:00pm

★ ADMIT ONE ★ MOVIE DAY

Calling all movie fans! Come enjoy a show with other active adults. Free movie and snacks provided!
Parks & Rec Senior Activity Room
Fridays 11:30am - 1:30pm

HERBALIFE FIT CAMP

Join today:
8 weeks of nutrition classes
2 workouts a week
Customized Nutrition plan
Weekly Fit-bit step challenge
Your OWN personal coach
Weekly PRIZES!
Grand prizes!
All for \$45 sign up
Starts Wed., April 26 | 7:30pm
Parks & Recreation Building

AEROBICS

This aerobics class provides a fun workout to music with other active adults. A free course where new members are always welcome!
Parks & Recreation Building
Mon, Wed, Fri | 9am - 10am

STRETCH & FITNESS

Get out and work out with other active adults!
Parks & Recreation Building
Mon, Wed, Fri | 11am - 12noon

ADULT CLOGGING

Learn this American Folk Dance and meet some fabulous people. No special shoes required.
Parks & Recreation Building
Thursdays | 9:30 - 11:30am
Email for more info:
sewiclog@gmail.com

ADULT PEER COUNSELING

Placer County Peer Counseling provides preventative education and services to support the wellness and self sufficiency of older adults. Life transitions as we age can sometimes be difficult. Loss of a companion, medical illness, physical disability, retirement, or relocation can be upsetting. It is helpful to talk with a peer who can help you address concerns in a safe, confidential environment.
Rocklin Event Center
Thursdays | 9:30am - 12:30pm

GUITAR

Become the guitarist you want to be! Elite Guitar Teachers Inner Circle guaranteeing the highest quality lessons. Call for monthly guitar lesson packages: 916.542.8639
Rocklin Event Center
More info at:
RosevilleGuitarLessons.com

FRENCH

Using latest foreign language teaching methodologies, students learn about the francophone culture and various celebrations throughout the year. Number of students limited to 12 per class.
Rocklin Event Center
Email for more info:
info.efsac@gmail.com

CHARACTER CLUB

Developing character with fun activities such as games, crafts, and music. Participants learn to recognize the qualities inherent in themselves, and discover the universal gifts of character.
Community Center
Ages 9 - 12 | 4:00pm - 5:30pm
Thursdays, NOW! - June 1

Register at: EventBright.com
Search: Rocklin Character Club



Swim LESSONS



CLASS LEVELS:	4:30	5:00	5:30	6:00	6:30
MINNOW		●	●		
STAR FISH	●	●	●	●	●
CLOWN FISH	●	●	●	●	●
JELLY FISH	●		●	●	
SEA TURTLE	●	●		●	●
MANTA RAY	●	●			●
OTTER	●	●			●
DOLPHIN	●	●	●		
WHALE		●		●	●
SHARK			●	●	●
PRIVATE	●	●	●	●	●
ADULT					●

Classes consist of eight 30 minute sessions, Rocklin High School Pool Monday-Thursday

SESSION 1 June 12-22

SESSION 2 June 26-July 7
(no class July 4)

SESSION 3 July 10-20

SESSION 4 July 23-August 3

register today at:
rocklinwave.com

SWIM LEVELS

MINNOW Parent/Infant/Toddler

Ages: 6 months-3 years
•Must be able to hold head up.
•Parent must attend and be in water with child.

STARFISH Preschool

Ages: 3-5
•Child must be at least 3 years old on first class.

CLOWN FISH Advanced Preschool

Ages: 3-5
•Child must enter and go under water easily.
•Swim 1 yard unassisted.
•Jump to instructor from deck.
•Comfortable on his/her back.

JELLY FISH Beginner

Ages: 5-9
Designed for children with limited water experience

SEA TURTLE Advanced Beginner

Ages: 6-14
•Must be comfortable going under water.
•Able to swim 10-15 yards unassisted.
•Able to float and propel self on back.

MANTA RAY Intermediate

Ages: 6-14
•Able to swim freestyle 25 yards unassisted.
•Able to swim back crawl or elementary backstroke.
•Dives or jumps in.

OTTER Stroke Development/Improvement

Ages 6-14
•Able to swim 50 yards freestyle with side breathing.
•Can swim back stroke and elementary backstroke 25 yards.
•Able to dive from the side of the pool.

DOLPHIN Stroke Refinement/Endurance

Ages 6-14
•Able to swim 50 yards freestyle with side breathing.
•Can swim back stroke and elementary backstroke 25 yards.
•Able to dive from the side of the pool.

WHALE Pre-Competitive

Ages 6-14
•Able to swim 200 yards continuously.
•Can swim backstroke, elementary backstroke, breaststroke 50 yards.

SHARK Adaptive*

Designed to provide one on one instruction for children with physical or mental disabilities.
*All swim lesson levels are inclusive.
Ages 3+

PRIVATE

Ages 3+
•Geared towards the swimmer's individual needs.



Alpine Room



Garden

Need a *beautiful* space to *celebrate*?
Book the **Rocklin Event Center** today!



Garden | Alpine Room
Ballroom | Conference Room



Garden Room

For the *Bride & Groom*, BIRTHDAY
PARTY, or **graduation gathering** the
Rocklin Event Center has the
right space for you!

2650 Sunset Blvd. | Rocklin | 916.625.5200

rocklin.ca.us/venues