



Rocklin Police Department

Newsletter

2010



Rocklin Police Department

Vol 5 Issue 3

*"It is the Mission of the
Rocklin Police Department
to Serve, Protect
and Promote a
Safe Community."*



Message from the Chief by Mark Siemens

Just About Done

I have now had a chance to speak with all but one of the full time employees in the Police Department. The goals in those meetings were twofold; 1: to communicate the budget situation, and: 2: to hear from each individual what they believe could be improved in the organization. It was very good to hear from you. It was interesting to hear the different perspectives based on where a person is assigned and their job duties. Now that I have my list of issues and details, I will be compiling those suggestions, complaints and observations. I will then be working

with staff members to identify what we might do to implement the changes needed.

In these otherwise busy times, it will take a few meetings and planning sessions to get a game plan together before the plan is communicated back to all department members. However, that does not mean that I will not initiate actions or changes if urgent or where the opportunity exists more immediately.



Captains Corner, by Dan Ruden and Ron Lawrence

Rocklin police employees can be described as intelligent, kind, professional, compassionate, dedicated, community-minded, and have added philanthropic to that long laundry list of positive characteristics. Every year Rocklin police employees give to a variety of charitable organizations and more than just monetarily. The Mothers Against Drunk Driving walk-a-thon and fundraiser, Race-for-the-Cure walk-a-thon/fundraiser for breast cancer research, bicycling to raise funds for the National Peace Officers Memorial in Washington D.C., Run Rocklin for the Matt Redding Foundation or raising money for our local little-leagues and other youth sports and activities, along with many others. These efforts include two current fundraising campaigns, AIDS-Lifecycle to raise money for HIV/AIDS research/treatment, and Saint Baldricks Day for childhood cancer awareness and research.

Melissa Murphy is planning to ride 545 miles in seven days from San Francisco to Los Angeles in an attempt to raise more than \$3,500 towards HIV/AIDS research & treatment. The event is called AIDS/Lifecycle and is a great cause. Good luck Melissa!

On March 13th, a few of our Rocklin PD colleagues donated their time, money and yes even their hair in the name of cancer survivors to raise money and awareness for cancer research. Parting with ones money is tough, but parting with your hair is more personal. Bart Padu-

veris and his team of now bald-charitable-givers can be seen wearing something warm on their noggins, as a symbol of the fight to find a cure for cancer. Great job fellas!

We applaud all of the giving individuals at Rocklin PD and thank you for your commitment to philanthropy. Your dedication to humanity is a model for all to admire and a lesson for others to follow.



Corp. Bart Paduveris, Det. Gil Farrulla, Officer Adrian Passadore, Officer Jeff Kolaskey and his son Christian



Another Rocklin Sergeant Graduates from SLI by Lieutenant Terry Roide

In August of 2009, Sergeant Chad Butler started his 8 month experience in the California Peace Officer Standards and Training Sherman Block Leadership Institute. SLI is an intense experience in which Sergeants from all over the State of California are exposed to numerous leadership topics

and literally dissect them until there is a very dynamic understanding, especially relating to how to be better leaders in their respective agencies.. As an SLI graduate, I know how much effort and work is required of the students both in the classroom and during the time back at their agencies. There were 22 Sergeants in SLI Class 268 and

after reading 14 books on leadership and associated topics and spending 24 days total together as a type of "think tank," Sergeant Butler and his classmates graduated on March 12th 2010 at the Doubletree Hotel in San Diego, CA. Congratulations Chad!



"Move Over America" by Sergeant Tom Dwyer

Move over America is a national campaign effort to educate motorists about the, "Move Over" laws, which require motorists to move over and change lanes to give safe clearance to law enforcement officers and other emergency vehicles and workers on roadsides. Almost all states throughout the United States now have a, "Move Over" law in place but not many people are aware of the law.

California has had a, "Move Over" law since 2007 as a result of a significant number of public safety officers and street workers being injured or killed by passing motorists. On January 1st 2010 this law became permanent in the California Vehicle Code. The motorists on our city streets and highways must make way for, police units, fire engines, ambulances and tow trucks. Caltrans vehicles were added to the list this year. The law essentially works

like this, if you see an emergency vehicle on the side of the highway with lights flashing, you must slow down and move into an adjacent lane if it is safe to do so. The fine for violating this law is approximately \$145 not including court costs and fees, and motorist found guilty of the, "Move Over" law receive a point on their record.

The California Vehicle Code sections that apply to this law are **21706.5 VC (Operation of vehicle in unsafe manner within emergency incident zone)**. **21809 VC (Driving vehicle in lane immediately adjacent to stationary emergency vehicle)**. Take a look at these sections and be aware of the violations occurring on our city streets.

Taking Care of Self by Sergeant Trent Jewell

Exercise to build endurance, strength and stamina, however you do it, we all need to take the time to take care of ourselves. We all know, and are bombarded with, the reasons that we need to stay fit and keep our bodies healthy but we don't seem to hear it enough that we need to take care of our mental health also. We all need it, no one is immune, and everyone needs to keep their minds healthy. Developing a strategy to stay mentally strong and healthy is something that should be important to all of us.

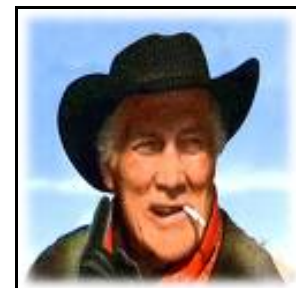
How do we do this? Whenever I ponder this question I remember a scene from the movie "City Slickers". Jack Palance's character is trying to explain the secret to life to Billy Crystal's character. Curly holds up his finger and explains that this is the secret to life - your finger? He goes on to explain that it is one thing - just one thing. You stick to that one thing and you have it figured out. Billy Crystal's character is confused about the analogy but eventually figures it out. You have to figure out what that one thing is for you and stick with it. Everyone's "One Thing" is different and unique only to you. Actually getting to and finding that "One Thing" that makes you happy is important and is

a big part of keeping your mind healthy. Figure out what is important in life for you and do what you need to do within yourself to get it. Get to the place where you are happy, where your mind is at peace and enjoy life.

What is important to you, what makes you happy? It may not be one thing it may be many things. Taking the time to find out what they are is the goal. Being mentally well and happy is an important key to being happy and content at work. It can only improve your performance on the job just like staying physically fit prepares you for the situations encountered in life. My family is one of the most important things for me and something that makes me happy. My relationship at home makes me a better employee at work because they make my mind stronger and they make me happy. What is it for you? What makes you happy and balanced in life? Take the time you need to find out. Enjoy the time with someone you care about. Find out what that "One Thing" is for you that is your secret to a happier life.

All too often we continue on a path of complacency and before we know it, it's too

late. We missed our opportunity to do something we should have done. The old saying is that time goes by so quickly. It does! Don't get to a point in your life where you can't go back, enjoy the things that you have now, what is right in front of you, because before you know it the time is gone. Find what makes you happy, be practical, and go after it. If its work, do your best. If it's your family, spend as much time with them as you can. Don't get to a point where you regret not doing something or saying something to someone you care about because we don't know how much time we have with them. Enjoy your life and take care of yourself both mentally and physically, find the thing or things that make you happy and take advantage of any time you have to spend time with friends, family or yourself. We only get to go around once and this is all we get so make the most of it and take care of yourself.



Dog Licensing by Lieutenant Lon Milka

Thanks to all those within the police department who have assisted with our efforts to increase the number of dog licenses issued! We had a large number of renewals and new licenses purchased within the past 12 months because of the increased efforts to ensure responsible dog ownership. What have we done? We have significantly lowered the cost of licensing a dog

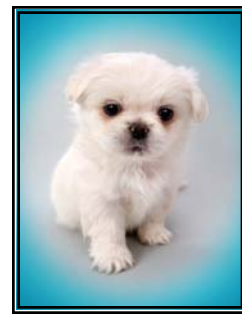
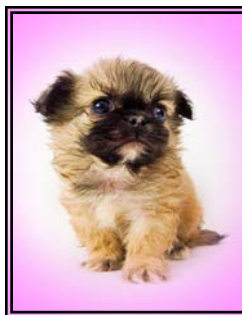
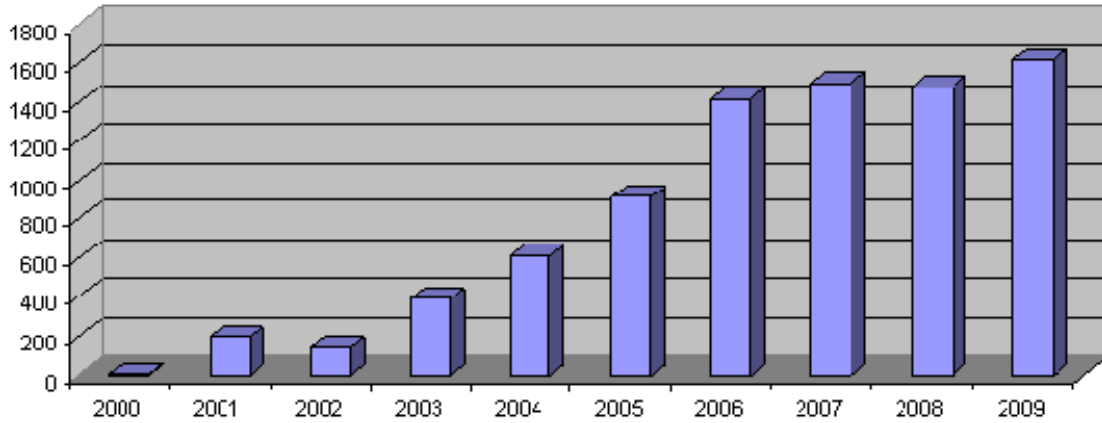
and we have stepped up our efforts to educate the public as to why dogs should be licensed. We have updated the website and made the purchase of a license easier by accepting credit cards for the purchase. We have other ideas to encourage dog licensing that are in the early exploration phases. So keep your eyes peeled for future articles.



Special thanks for your diligent work!

Animal Control Officer(s) Stephanie Mahlberg and Merae Riley and Records Clerk(s) Karon Bowers and Julia Runyan

Number of Dog Licenses Issued



A house is not a home without a pet—Anonymous